**Floor Exercise**

|  |  |
| --- | --- |
| EG I | Non-acrobatic elements |
| EG II | Acrobatic elements forward (saltos and handsprings) & fwd. rollout elements (no salto) |
| EG III | Acrobatic elements backward (saltos and handsprings), Arabian elements |
| EG IV | Dismounts (D or above = +0.5, C = +0.3) |

**Note: Any sideways saltos will go to fwd. or bwd. group depending on how initiated**

**Summary:**

* All Arabian elements move to bwd. EG, Arabian double front 1/2 = same as double back 1/1 (D value)
* ~~Connection bonus only for combinations with a double salto included,~~ Connection on one side only (Min. B value for connections)
* Not necessary to be inside 10 counting elements (but no Repetition permitted)
* Limit of 2 connections total in an exercise
* Double back salto elements with a ½ turn added move up one letter value, i.e. double back 3/2 = E value
* No salto rollout elements
* All jumps to prone position will be removed from the CoP, landings must be on the feet or deductions will be applied (saltos to prone retained)
* Remove E jury deduction for 3 or more diagonals (must go to or from each corner or D-jury ND)
* Retain maximum 2 flair/circle element and maximum 2 strength element per exercise rule
* Hopping in handstand from flairs requires 360 turn (2 hops) for D value
* Triple salto bwd. move to H value
* Double salto bwd. stretched with 3/1 t.
* Remove ~~double~~  all saltos to side landing
* Japanese press handstand will be required from a split for C value
* All Japanese handstands require closing of the legs
* Japanese press move to B value
* Remove all saltos bwd. to split from Code
* All saltos with sideways landings will receive no recognition for difficulty
* Jump to prone landing after salto -0.5
* ND -0.3 for no double salto